

## SUGARPLUM VISIONS WORKSHOP

## Transition- Envision- Decision

## **Your Transition Vision Board Experience:**

- ACKNOWLEDGE your passions
  - Dream: what are your coming attractions?
  - What is most important to you?
  - Who are you becoming?
- AWAKEN POSSIBILITY
  - Play with possibilities through selection of colorful words and images
  - Visualize your renewed identity
  - What mantra arises from the ideas you placed on your board?
- AWARENESS
  - Journey on: from visualization, to creation, to action steps
  - Keep the dreams alive!
  - Choose a way to celebrate your success.

## **DETAILS**

- 2 hour workshop for individuals or small groups
- Have the materials will travel/all materials provided
- Cost: \$39 per person

Flat rate available for groups and retreats Homeshops: will host this workshop in your home

**Further info:** Pat 604 684-4132 <u>patsvision@uniserve.com/</u> www.patsvision.com

Sugarplum Visions is a Tell-A-Vision Productions program. Our vision is to build a community of individuals living lives of active wisdom. Wit and wisdom towards personal passion and renewal for our next life chapter is the desired outcome.

